

Greenpeace encourages shoppers to avoid mindless consumerism this holiday season

Bangkok, 20 December 2019 - Just in time for the Christmas and New Year season, Greenpeace Thailand organised a 3-day MAKE SMTHNG event to encourage holiday shoppers to buy nothing, reuse, or even make something as gifts through fun and creative workshops starting today until the 22 December 2019 at the Bangkok Art and Culture Centre.

Thailand is one of many countries taking part in this year's MAKE SMTHNG Week that challenges people from all over the world to take a stand against mindless consumerism to help save the environment. The events are aimed at consumers to make the most out of what they already have either by sharing, repairing, upcycling, pimping, even swapping fashion, food, tech and toys.

Pichmol Rugrod, Greenpeace Thailand's Plastic Project Leader said:

“If everyone on this planet continued to live a lifestyle based on a culture of convenience - buying and consuming mindlessly- then our very future would be at risk. Our consumer behaviour and decision-making heavily impacts our climate and our natural resources. We are already at that critical point where we need to stop this wasteful consumerism by valuing what we already have, repairing when needed and buying less stuff.”

The MAKE SMTHNG event includes DIY workshops where participants can learn how to get crafty and creative out of waste materials and how to live plastic-free lifestyle.

There are sessions on making natural reusable wax-food wraps to replace plastic wraps by SuperBee Wax Wraps, turning used cloth banners into a bag with TAM:DA, preparing soil for planting vegetables using natural compost from food waste with Veggie Prince, making menstrual pad from cotton with SunnyCotton, and making toiletries bag from towel with My Home magazine.

The Make SMTHNG event is open to the public from today until Sunday, 22nd December 2019, 10.00am – 8.00pm at the first floor of the Bangkok Art and Culture Centre. Please visit www.greenpeace.or.th for more information. Check out the [DIY station: MAKE SMTHNG Buy Nothing](#) Facebook Group to join discussions on DIY and green lifestyle

#MakeSmthng #BuyNothing

Press contact:

Pannapa Phanitjaroen

Tel: 095-5853471

E-mail : pphanitj@greenpeace.org